# Incomplete Systemic Recovery and Metabolic Phenoreversion in Post-Acute Phase Non-Hospitalized COVID-19 Patients: Implications for Assessment of Post Acute COVID-19 Syndrome

Elaine Holmes<sup>1,2,3\*</sup>, Julien Wist<sup>1,2,4\*</sup>, Reika Masuda<sup>1</sup>, Samantha Lodge<sup>1,2</sup>, Philipp Nitschke<sup>1</sup>, Torben Kimhofer<sup>1,2</sup>, Ruey Leng Loo<sup>2</sup>, Sofina Begum<sup>1,3</sup>, Berin Boughton<sup>1,2</sup>, Rongchang Yang<sup>1</sup>, Aude-Claire Morillon<sup>1</sup>, Sung-Tong Chin<sup>1</sup>, Drew Hall<sup>1</sup>, Monique Ryan<sup>1</sup>, Sze-How Bong<sup>1</sup>, Melvin Gay<sup>5</sup>, Dale W. Edgar<sup>6,7</sup>, John C. Lindon<sup>2</sup>, Toby Richards<sup>8</sup>, Bu B. Yeap<sup>9</sup>, Sven Pettersson<sup>10,11,12</sup>, Manfred Spraul<sup>13</sup>, Hartmut Schaefer<sup>13</sup>, Nathan G. Lawler<sup>1,2</sup>, Nicola Gray<sup>1,2</sup> Luke Whiley<sup>1,14</sup> and Jeremy K. Nicholson<sup>1,2,15\*</sup>

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Table S1: list of parameters considered from targeted MS assays

|    | metabolite                         | Phenoreversion status        |
|----|------------------------------------|------------------------------|
| 1  | 3-hydroxykynurenine                | Normalized                   |
| 2  | 3-hydroxykynurenine/kynurenic acid | Normalized                   |
| 3  | aspartic acid                      | Substantially normalized     |
| 4  | citrulline                         | Normalized                   |
| 5  | Fisher's ratio                     | Normalized                   |
| 6  | glutamic acid                      | Substantially normalized     |
| 7  | glutamine/glutamic acid            | Substantially not normalized |
| 8  | histidine                          | Normalized                   |
| 9  | indole-3-acetic acid               | Substantially normalized     |
| 10 | kynurenine                         | Partially normalized         |
| 11 | kynurenine/tryptophan              | Substantially normalized     |
| 12 | neopterin                          | Normalized                   |
| 13 | phenylalanine                      | Normalized                   |
| 14 | phenylalanine/tyrosine             | Normalized                   |
| 15 | quinolinic acid                    | Normalized                   |
| 16 | quinolinic acid/kynurenic acid     | Normalized                   |
| 17 | taurine                            | Substantially not normalized |
| 18 | tryptophan                         | Substantially normalized     |
|    |                                    |                              |

Table S2: list of parameters considered from IVDr Lipoproteins

| -  |                               | Classi                                  | Compound                                | Consortest! -          | Dhanarara:                            |
|----|-------------------------------|---|---|------------------------|---------------------------------------|
|    | metabolite                    | Class/<br>subclass                      | Compound                                | Concentratio<br>n unit | Phenoreversio<br>n status             |
| 22 | ABA1                          | Ratio of Apolipoproteins<br>A1 and B100 | Apolipoprotein-A1 / Apolipoprotein-B100 | -/-                    | Normalized                            |
| 23 | H <sub>1</sub> FC             | HDL-1 Subclass                          | Free Cholesterol                        | mg/dL                  | Normalized                            |
| 24 | H2A1                          | HDL-2 Subclass                          | Apolipoprotein-A1                       | mg/dL                  | Normalized                            |
| 25 | H <sub>2</sub> FC             | VLDL-2 Subclass                         | Free Cholesterol                        | mg/dL                  | Normalized                            |
| 26 | H <sub>3</sub> A <sub>1</sub> | HDL_3 subclass                          | Apolipoprotein-A1                       | mg/dL                  | Normalized                            |
| 27 | H <sub>3</sub> CH             | HDL-3 Subclass                          | Cholesterol                             | mg/dL                  | Normalized                            |
| 28 | H <sub>3</sub> FC             | HDL-3 Subclass                          | Free Cholesterol                        | mg/dL                  | Normalized                            |
| 29 | H <sub>3</sub> PL             | HDL-3 Subclass                          | Phospholipids                           | mg/dL                  | Normalized                            |
| 30 | H4A1                          | HDL-4 Subclass                          | Apolipoprotein-A1                       | mg/dL                  | Partially                             |
| 31 | H4A2                          | HDL-4 Subclass                          | Apolipoprotein-A2                       | mg/dL                  | normalized<br>Partially<br>normalized |
| 32 | H4CH                          | HDL-4 Subclass                          | Cholesterol                             | mg/dL                  | Substantially normalized              |
| 33 | H4FC                          | HDL-4 Subclass                          | Free Cholesterol                        | mg/dL                  | Normalized                            |
| 34 | H4PL                          | HDL-4 Subclass                          | Phospholipids                           | mg/dL                  | Normalized                            |
| 35 | HDA1                          | HDL Class                               | Apolipoprotein-A1                       | mg/dL                  | Substantially normalized              |
| 36 | HDA <sub>2</sub>              | HDL Class                               | Apolipoprotein-A2                       | mg/dL                  | Normalized                            |
| 37 | HDCH                          | HDL Class                               | Cholesterol                             | mg/dL                  | Normalized                            |
| 38 | HDFC                          | HDL Class                               | Free Cholesterol                        | mg/dL                  | Normalized                            |
| 39 | HDPL                          | HDL Class                               | Phospholipids                           | mg/dL                  | Normalized                            |
| 40 | IDAB                          | IDL Class                               | Apolipoprotein_B100                     | mg/dL                  | Normalized                            |
| 41 | IDPN                          | IDL                                     | Particle Number                         | nmol/L                 | Normalized                            |
| 42 | L2TG                          | LDL-2 Subclass                          | Triglycerides                           | mg/dL                  | Normalized                            |
| 43 | L4TG                          | LDL-4 Subclass                          | Triglycerides                           | mg/dL                  | Normalized                            |
| 44 | L <sub>5</sub> TG             | LDL-5 Subclass                          | Triglycerides                           | mg/dL                  | Normalized                            |
| 45 | LDHD                          | Ratio LDL and HDL<br>Cholesterol        | LDL Cholesterol / HDL<br>Cholesterol    | -/-                    | Normalized                            |
| 46 | LDTG                          | LDL Class                               | Triglycerides                           | mg/dL                  | Normalized                            |
| 47 | TPA1                          | Total Plasma                            | Apolipoprotein-A1                       | mg/dL                  | Normalized                            |
| 48 | TPA <sub>2</sub>              | Total Plasma                            | Apolipoprotein-A2                       | mg/dL                  | Substantially normalized              |
| 49 | TPCH                          | Total Plasma                            | Cholesterol                             | mg/dL                  | Substantially                         |

|    |                   |                 |                  |       | normalized |
|----|-------------------|-----------------|------------------|-------|------------|
| 50 | V <sub>4</sub> FC | VLDL-4 Subclass | Free Cholesterol | mg/dL | Normalized |

Table S3: list of parameters considered from IVDr small molecules

|    | metabolite | Phenoreversion status |
|----|------------|-----------------------|
| 54 | Glucose    | Normalized            |

## Table S4: list of parameters considered from DIRE NMR experiments

|    | metabolite        | Phenoreversion status    |
|----|-------------------|--------------------------|
| 55 | GlycA             | Substantially normalized |
| 56 | GlycB             | Substantially normalized |
| 57 | Spc Total         | Normalized               |
| 58 | Spc Total / GlycA | Substantially normalized |

# Demographic information about the population of the recovery cohort

Table S<sub>5</sub>: Demographic information about the population of the recovery cohort

| patientID | class             | Gender | Age | ВМІ   | BMI1 |
|-----------|-------------------|--------|-----|-------|------|
| COV01078  | positive_recovery | Female | 52  | 25.7  | 25.7 |
| COV01054  | positive_recovery | Male   | 28  | 24.4  | 24.1 |
| COV01043  | positive_recovery | Male   | 65  | 25.2  | 24.6 |
| COV01059  | positive_recovery | Female | 54  | 24.0  | 23.7 |
| COV01046  | positive_recovery | Male   | 66  | 44.7  | 40.8 |
| COV01075  | positive_recovery | Female | 71  | 31.6  | 34.6 |
| COV01091  | positive_recovery | Male   | 72  | 29.6  | 29.6 |
| COV01029  | positive_recovery | Female | 21  | 22.0  | 20.7 |
| COV01061  | positive_recovery | Male   | 61  | 25.8  | 26.4 |
| COV01045  | positive_recovery | Male   | 67  | 25.4  | 25.0 |
| COV01012  | positive_recovery | Male   | 33  | 27.51 | 26.9 |
| COV01090  | positive_recovery | Female | 50  | NA    | NA   |
| COV01027  | positive_recovery | Female | 61  | 25.3  | 26.7 |
| COV01034  | positive_recovery | Female | 59  | 50.8  | 47.0 |
| COV01050  | positive_recovery | Male   | 59  | 26.8  | 26.2 |
| COV01025  | positive_recovery | Female | 20  | 21.9  | 21.5 |
| COV01076  | positive_recovery | Female | 71  | 23.9  | 25.0 |
| COV01005  | positive_recovery | Female | 68  | 26.4  | 26.4 |
| COV01084  | positive_recovery | Female | 32  | 28.3  | 31.6 |
| COV01013  | positive_recovery | Male   | 56  | 31.6  | 30.7 |
| COV01007  | positive_recovery | Male   | 63  | 27.5  | 26.1 |
| COV01044  | positive_recovery | Female | 80  | 27.5  | 36.6 |
| COV01014  | positive_recovery | Female | 55  | 25.7  | 27.5 |
| COV01030  | positive_recovery | Female | 64  | 35.0  | 39.1 |
| COV01069  | positive_recovery | Female | 56  | 37.1  | 37.1 |
| COV01085  | positive_recovery | Male   | 62  | 30.3  | 31.3 |
| COV01041  | positive_recovery | Female | 53  | 34.9  | 29.4 |
| COV01003  | positive_recovery | Male   | 30  | 24.3  | 24.3 |
| COV01002  | positive_recovery | Female | 72  | 29.8  | 33.2 |
| COV01026  | positive_recovery | Male   | 81  | 30.2  | 32.6 |
| COV01057  | positive_recovery | Female | 51  | 24.8  | 24.8 |

| COV01081 | positive_recovery | Female | 57 | 27.8    | 26.6 |
|----------|-------------------|--------|----|---------|------|
| COV01074 | positive_recovery | Male   | 69 | 26.1 NA |      |
| COV01172 | positive_recovery | Male   | 64 | 25.3    | 22.9 |

Table S6. Description of the number of samples(patients) included in each method.

| Methods<br>Patient Group | Targeted MS | Lipoproteins (NMR) | NMR IVDR/ DIRE<br>(integrals) |
|--------------------------|-------------|--------------------|-------------------------------|
| Healthy Controls         | 28 (28)     | 43 (41)            | 34 (34)                       |
| SARS-CoV-2 Positive (+)  | 17 (10)     | 68 (17)            | 57 (18)                       |
| Follow-up                | 27 (27)     | 27 (27)            | 31 (27)                       |

# **Targeted MS**

## **Univariate statistics**

Figure S1: 3-hydroxykynurenine

targeted MS / pos[17], hty[28], rec[27], total [72]

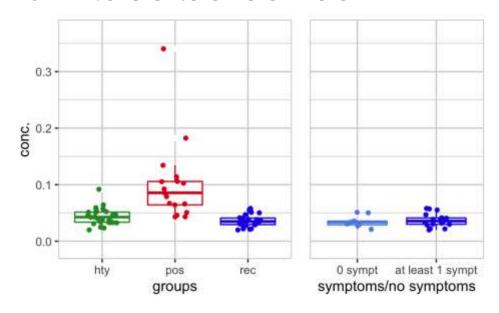


Figure S2: 3-hydroxykynurenine/kynurenic acid

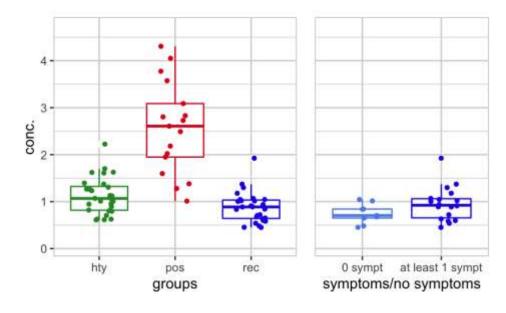


Figure S3: aspartic acid

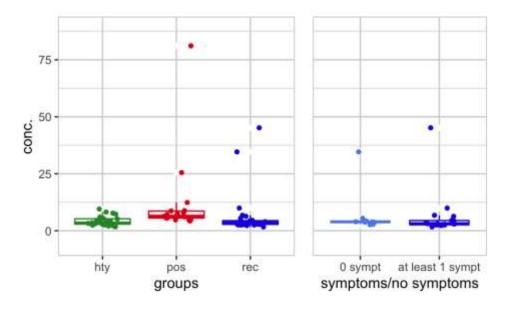


Figure S4: citrulline

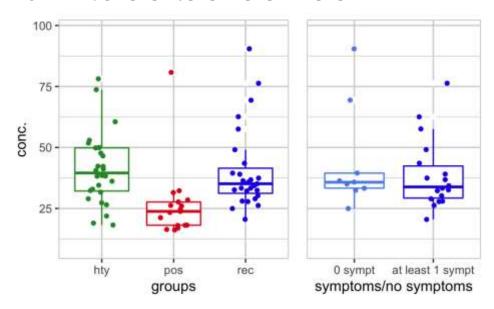


Figure S5: Fisher's ratio

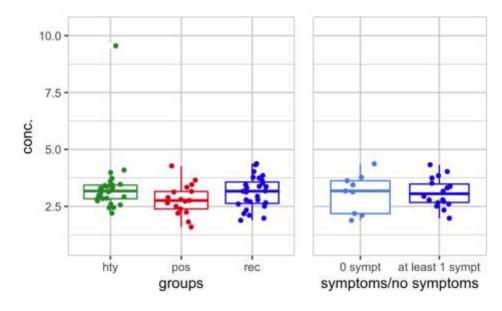


Figure S6: glutamic acid

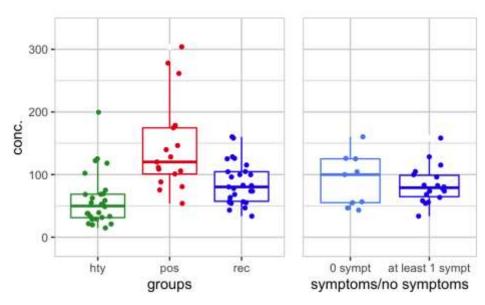


Figure S7: glutamine/glutamic acid

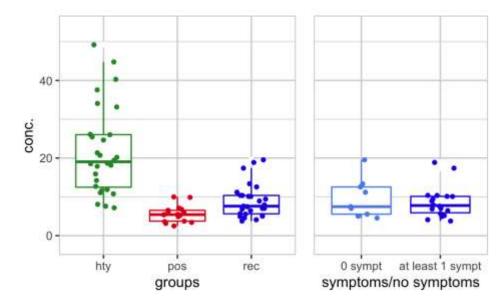


Figure S8: histidine

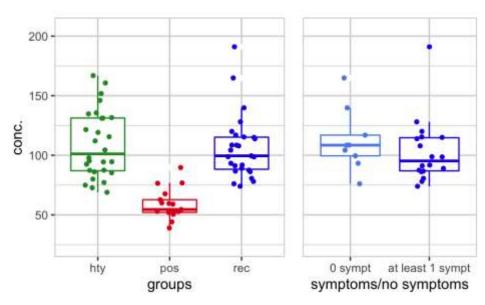


Figure S9: indole-3-acetic acid

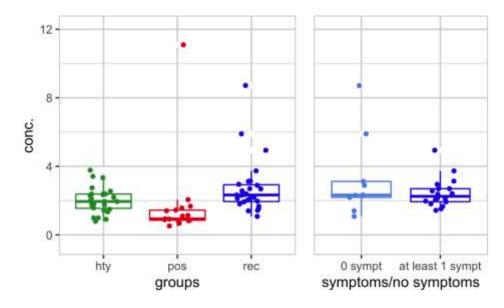


Figure S10: kynurenine

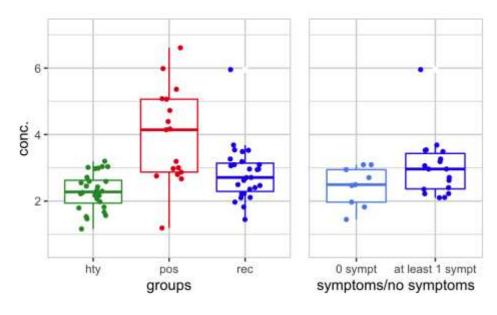


Figure S11: kynurenine/tryptophan

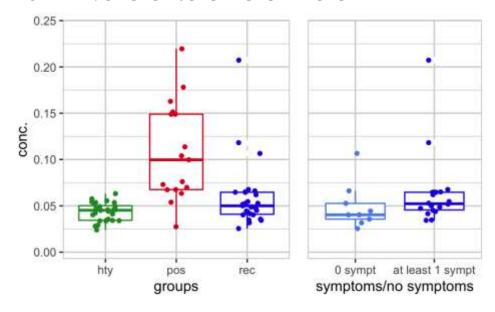


Figure S12: neopterin

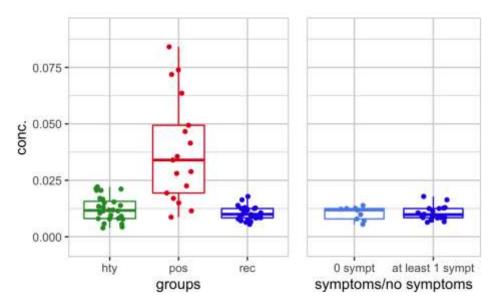


Figure S13: phenylalanine

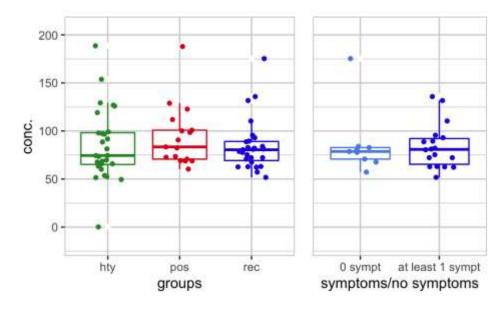


Figure S14: phenylalanine/tyrosine

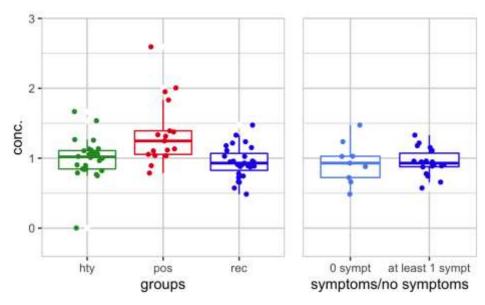


Figure S15: quinolinic acid

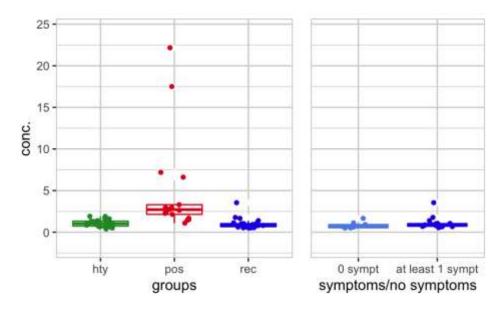


Figure S16: quinolinic acid/kynurenic acid

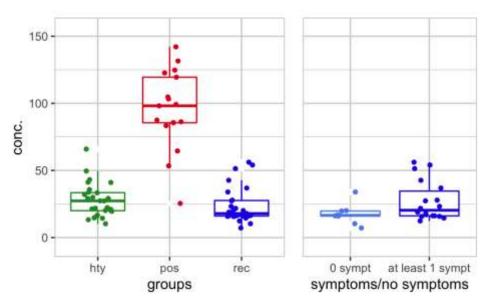


Figure S17: taurine

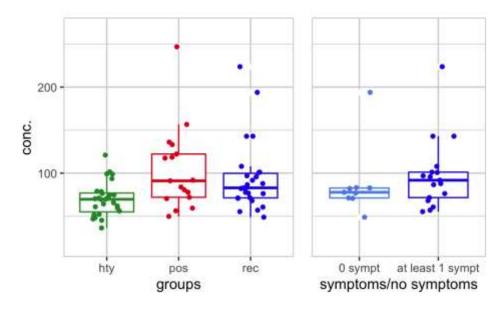
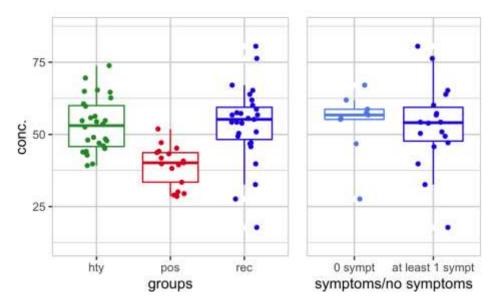


Figure S18: tryptophan



#### **Correlations**

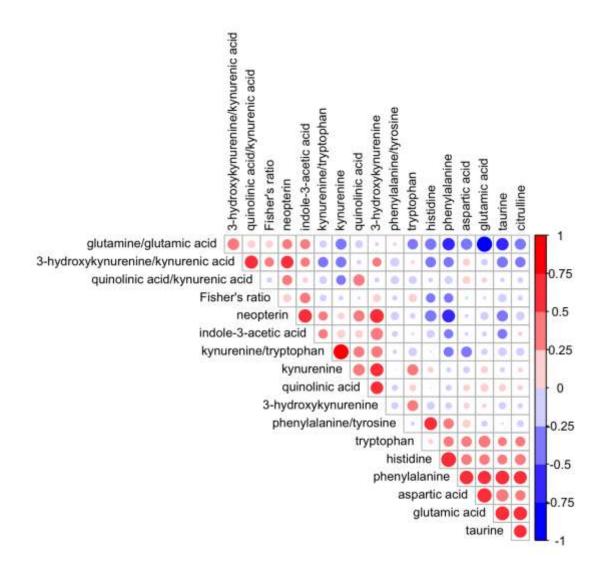


Figure S19: correlation using the healthy population ordered according to hierarchical clustering obtained from healthy control

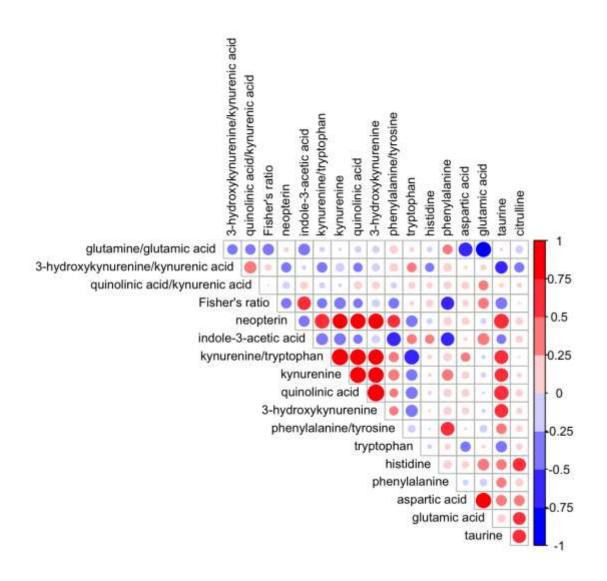


Figure S20: correlation using the positive population ordered according to hierarchical clustering obtained from healthy control

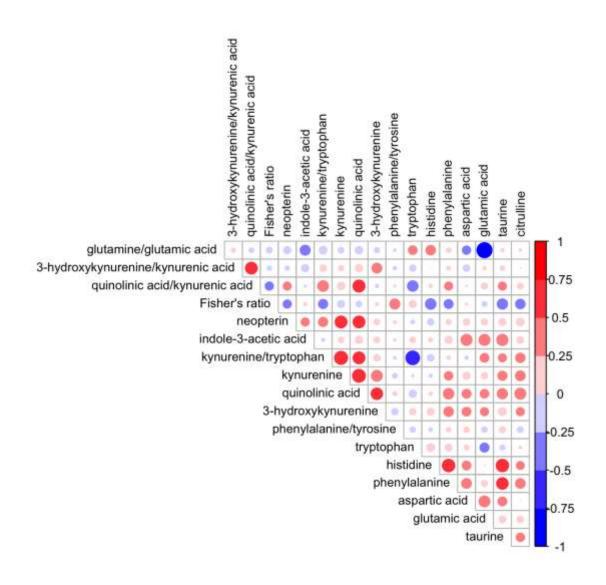


Figure S21: correlation using the recovered population ordered according to hierarchical clustering obtained from healthy control

# Lipoproteins measured by IVDR method

## **Univariate statistics**

Figure S22: ABA1 lipoproteins / pos[68], hty[43], rec[27], total [134]

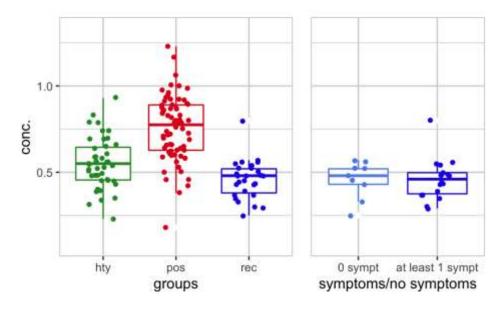


Figure S23: H1FC lipoproteins / pos[68], hty[43], rec[27], total [134]

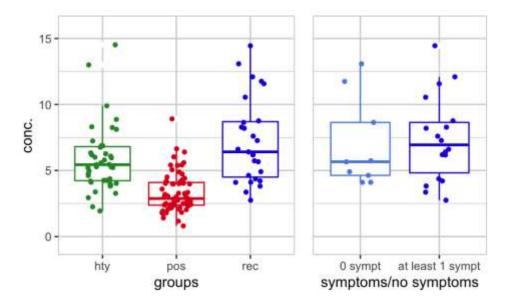


Figure S24: H2A1 lipoproteins / pos[68], hty[43], rec[27], total [134]

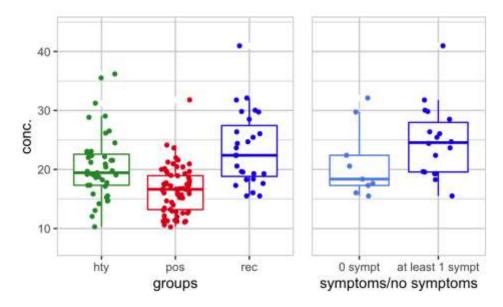
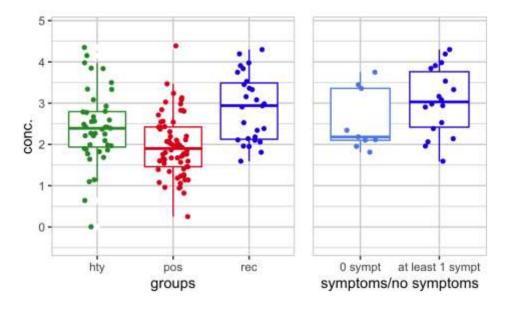


Figure S25: H2FC lipoproteins / pos[68], hty[43], rec[27], total [134]



**Figure S26: H3A1**lipoproteins / pos[68], hty[43], rec[27], total [134]

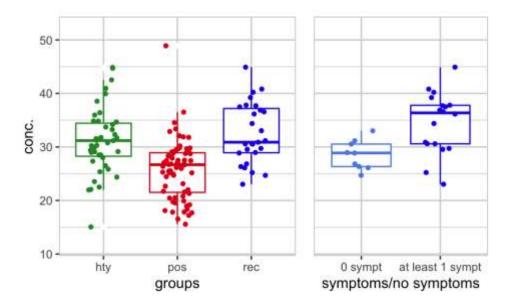


Figure S27: H3CH lipoproteins / pos[68], hty[43], rec[27], total [134]

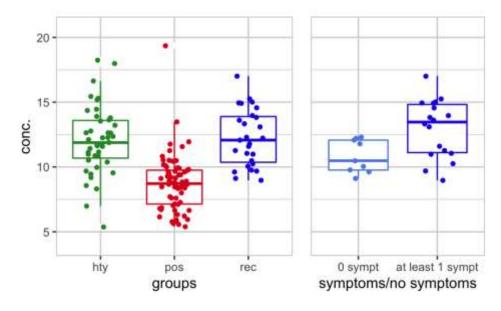


Figure S28: H3FC lipoproteins / pos[68], hty[43], rec[27], total [134]

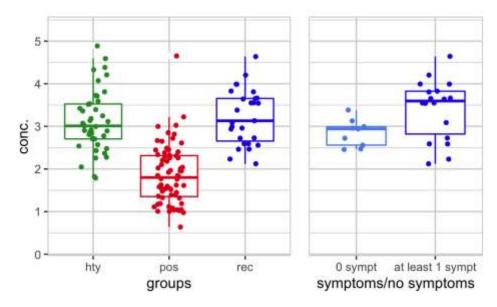
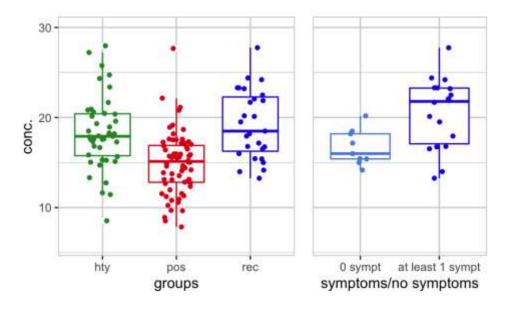
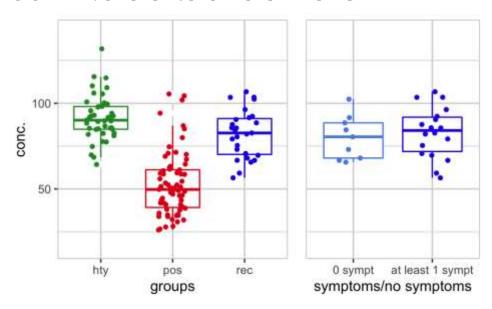


Figure S29: H3PL lipoproteins / pos[68], hty[43], rec[27], total [134]



**Figure S30: H4A1**lipoproteins / pos[68], hty[43], rec[27], total [134]



**Figure S31: H4A2** lipoproteins / pos[68], hty[43], rec[27], total [134]

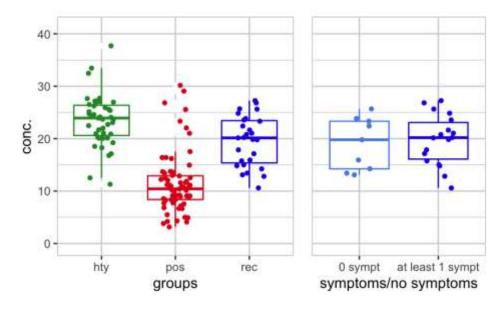


Figure S32: H4CH lipoproteins / pos[68], hty[43], rec[27], total [134]

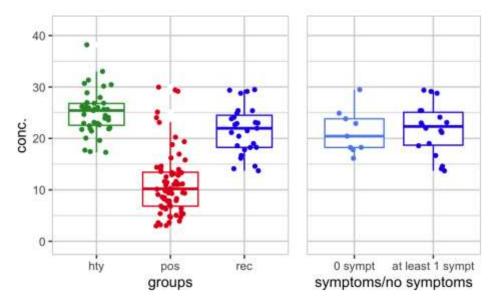


Figure S33: H4FC lipoproteins / pos[68], hty[43], rec[27], total [134]

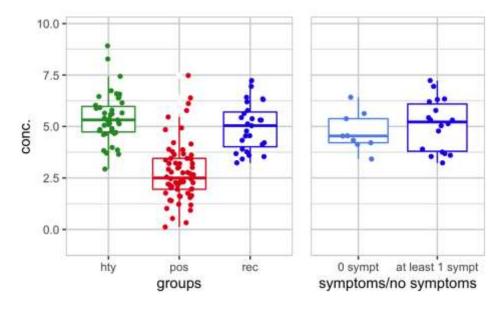


Figure S34: H4PL lipoproteins / pos[68], hty[43], rec[27], total [134]

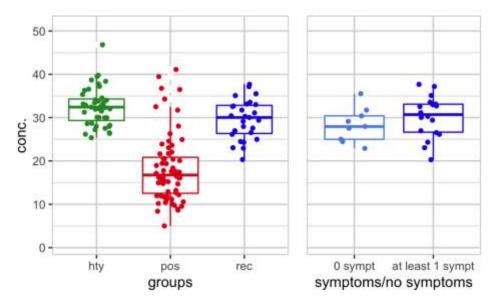


Figure S35: HDA1 lipoproteins / pos[68], hty[43], rec[27], total [134]

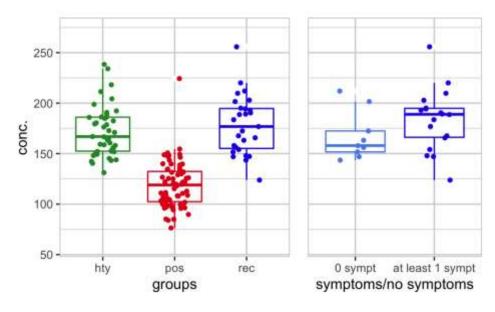


Figure S36: HDA2 lipoproteins / pos[68], hty[43], rec[27], total [134]

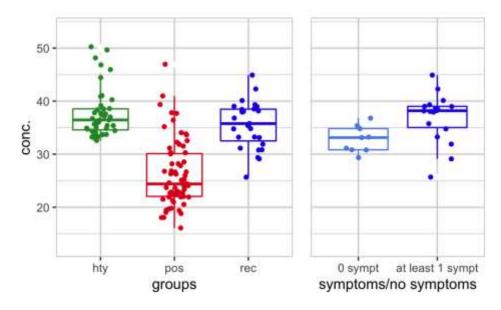
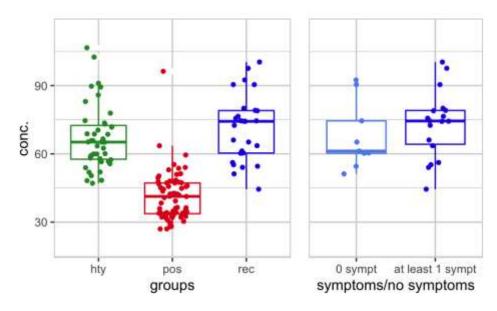
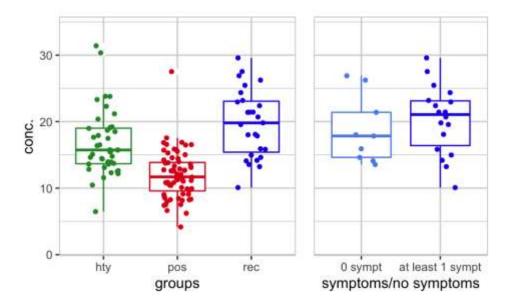


Figure S37: HDCH

lipoproteins / pos[68], hty[43], rec[27], total [134]



**Figure S38: HDFC** lipoproteins / pos[68], hty[43], rec[27], total [134]



**Figure S39: HDPL** lipoproteins / pos[68], hty[43], rec[27], total [134]

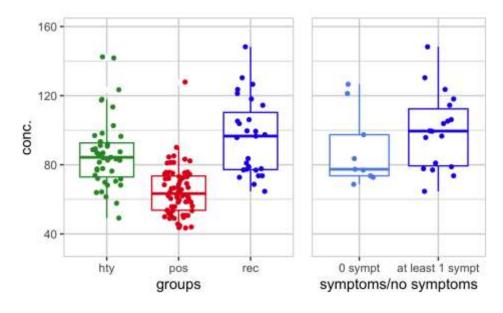


Figure S40: IDAB lipoproteins / pos[68], hty[43], rec[27], total [134]

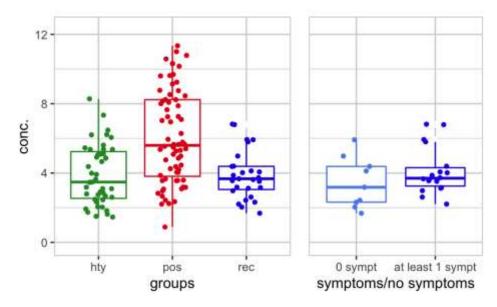


Figure S41: IDPN lipoproteins / pos[68], hty[43], rec[27], total [134]

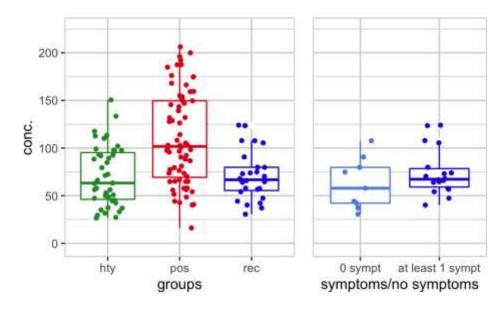


Figure S42: L2TG lipoproteins / pos[68], hty[43], rec[27], total [134]

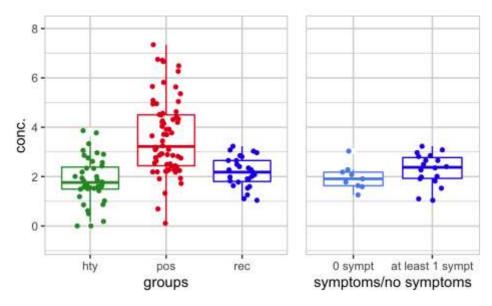


Figure S43: L4TG lipoproteins / pos[68], hty[43], rec[27], total [134]

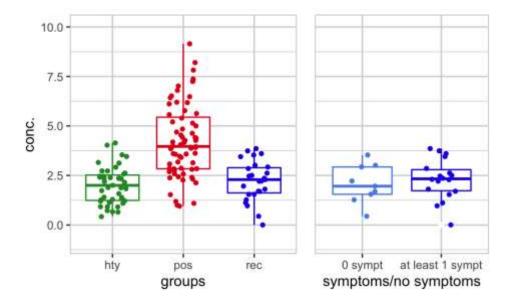
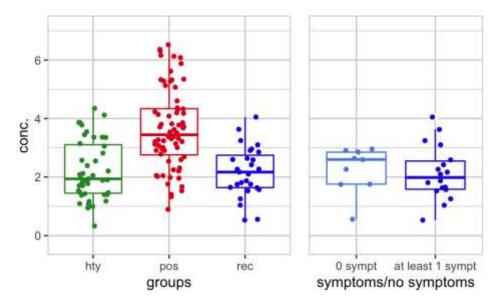


Figure S44: L5TG lipoproteins / pos[68], hty[43], rec[27], total [134]



**Figure S45: LDHD**lipoproteins / pos[68], hty[43], rec[27], total [134]

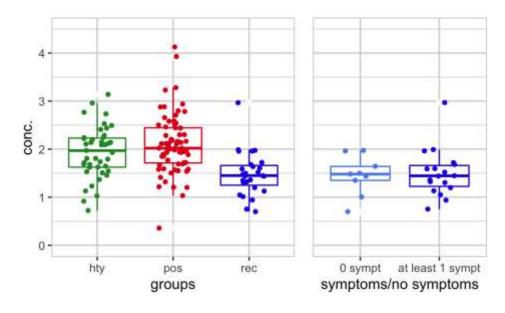


Figure S46: LDTG lipoproteins / pos[68], hty[43], rec[27], total [134]

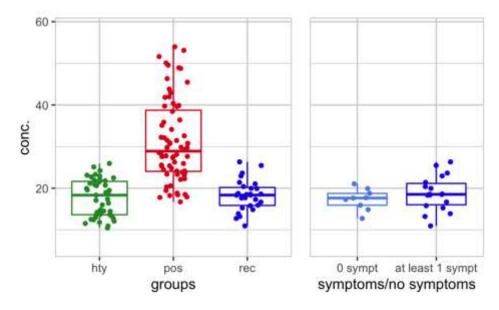


Figure S47: TPA1 lipoproteins / pos[68], hty[43], rec[27], total [134]

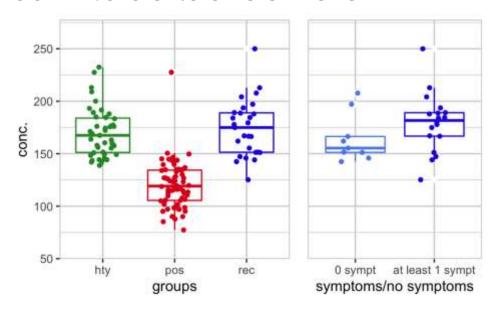
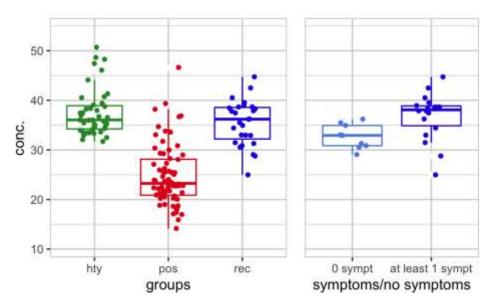


Figure S48: TPA2 lipoproteins / pos[68], hty[43], rec[27], total [134]



**Figure S49: TPCH** lipoproteins / pos[68], hty[43], rec[27], total [134]

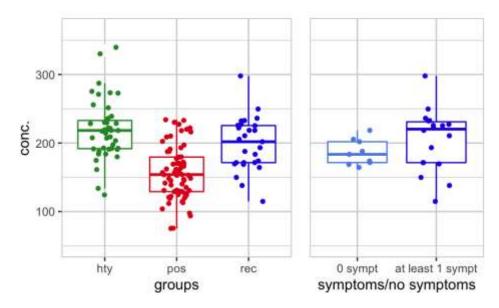
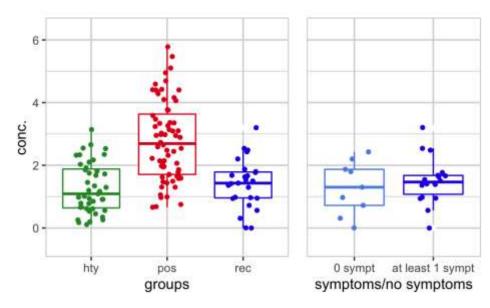


Figure S50: V4FC lipoproteins / pos[68], hty[43], rec[27], total [134]



## correlation matrix

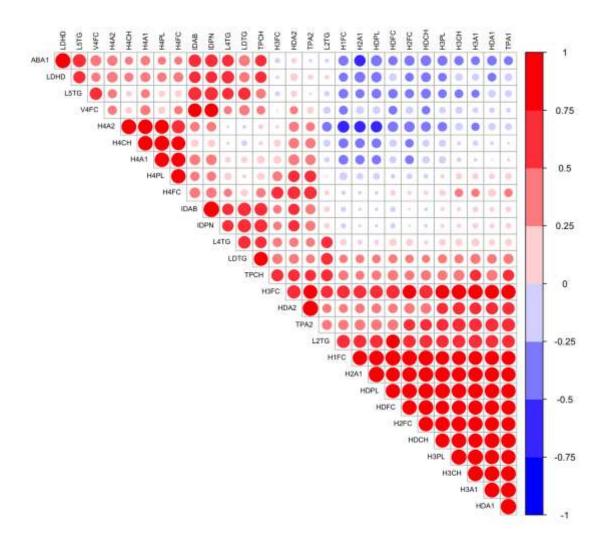


Figure S<sub>51</sub>: correlation using the healthy population ordered according to hierarchical clustering

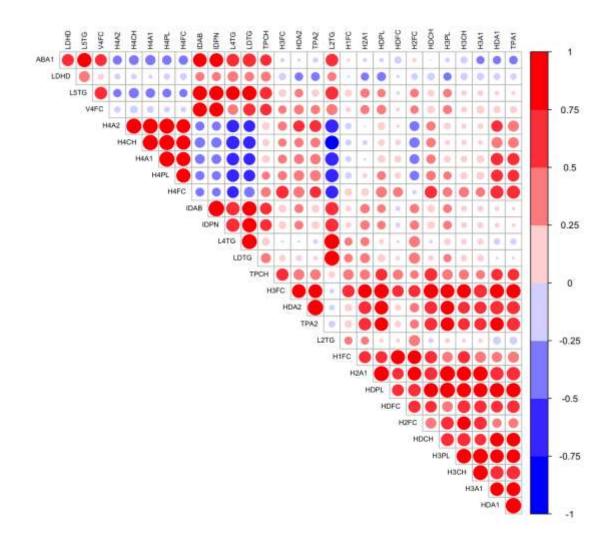


Figure S<sub>52</sub>: correlation using the positive population ordered according to hierarchical clustering obtained from healthy control

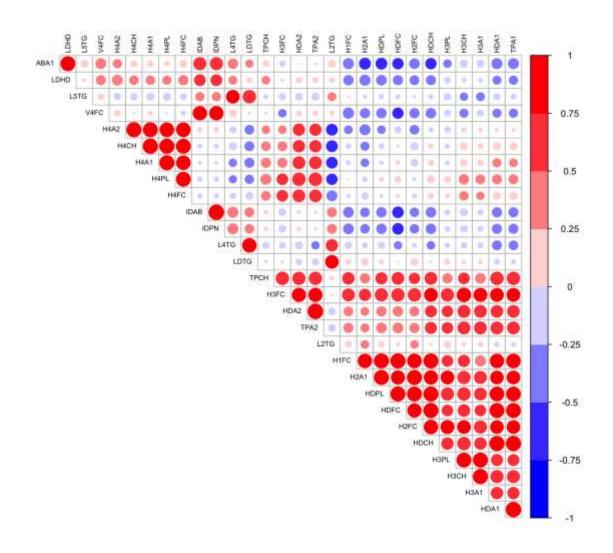


Figure S<sub>53</sub>: correlation using the recovered population ordered according to hierarchical clustering obtained from healthy control

# Small molecules measured by IVDR method

Here we report the concentrations of small molecules measured from nmr spectra.

## univariate statistics

## pos[68], hty[43], rec[27], total [138]

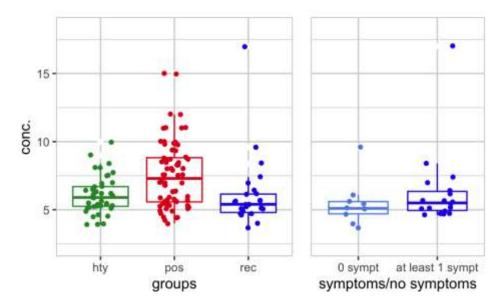


Figure S54: Glucose

# **Diffusion and Relaxation edited NMR experiments**

#### **Univariate statistics**

Integrals measured from DIRE experiments.

Figure S55: GlycA

NMR integrals / pos[57], hty[34], rec[31], total [122]

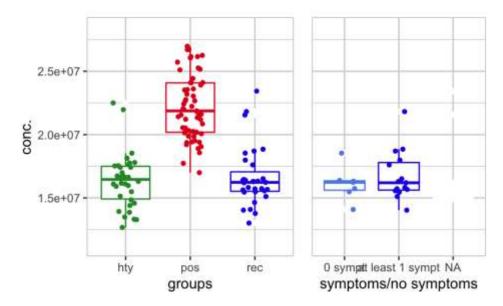


Figure S56: GlycB

NMR integrals / pos[57], hty[34], rec[31], total [122]

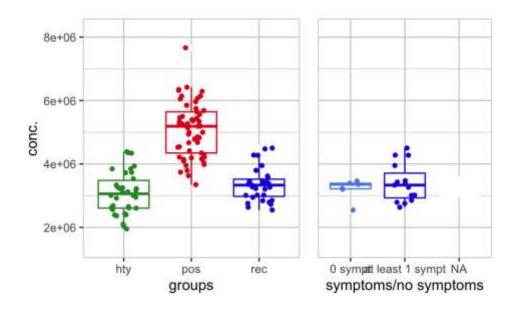


Figure S57: Spc Total

NMR integrals / pos[57], hty[34], rec[31], total [122]

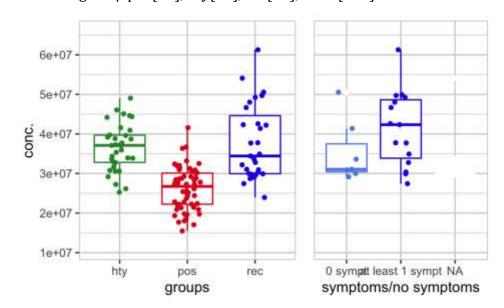


Figure S58: Spc Total / GlycA

NMR integrals / pos[57], hty[34], rec[31], total [122]

